

| Hours | SST Course Topics | DOB approved Course Equivalent | Type |
|-------|--|--|----------------------|
| 1 | Electrocution Prevention | 8-Hour Master and Special Electrician Renewal | General Elective |
| 1 | Fire Protection and Prevention | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | General Elective |
| 1 | First Aid and CPR | none | General Elective |
| 1 | Handling Heavy Materials and Proper Lifting Techniques | 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* | General Elective |
| 1 | Health and Safety Programs in Construction | none | General Elective |
| 1 | Hoisting and Rigging | 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* | General Elective |
| 1 | Materials Handling, Storage, Use, and Disposal | 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* | General Elective |
| 1 | Protection From Sun Exposure | none | General Elective |
| 1 | Repetitive Motion Injuries | none | General Elective |
| 1 | Stairways and Ladders | OSHA Awareness 4 Hour Fall Protection | General Elective |
| 1 | Tools - Hand and Power | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | General Elective |
| 8 | Chapter 33 Site Safety | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | Prescribed Course |
| 2 | Drug and Alcohol Awareness | none | Prescribed Course |
| 4 | Fall Prevention (4-Hour) | none | Prescribed Course |
| 8 | Fall Prevention (8-Hour) | none | Prescribed Course |
| 2 | Pre-Task Meetings | none | Prescribed Course |
| 2 | Site Safety Plans (SSP) | none | Prescribed Course |
| 4 | Scaffolds-Supported | 4 Hour Supported Scaffold 32 Hour Supported Scaffold User 8 Hour Supported Scaffold Refresher | Prescribed Course |
| 2 | ToolBox Talks | none | Prescribed Course |
| 1 | Asbestos/Lead Awareness | none | Specialized Elective |
| 1 | Concrete and Masonry Construction | 30-Hour Concrete Safety Manager 8-Hour Concrete Safety Manager Refresher | Specialized Elective |
| 1 | Confined Space Entry | OSHA Awareness 4 Hour Confined Space | Specialized Elective |
| 1 | Cranes, Derricks, Hoists, Elevators, and Conveyors | 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* | Specialized Elective |
| 1 | Demolition Safety | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | Specialized Elective |
| 1 | Ergonomics | none | Specialized Elective |
| 1 | Excavations | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | Specialized Elective |
| 1 | Flag Person | 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* | Specialized Elective |
| 2.5 | Foundations for Safety Leadership | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | Specialized Elective |
| 1 | Job Hazard Analysis | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | Specialized Elective |
| 1 | Personnel Lifts/Aerial Lifts/Scissor Lifts Safety | 16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher* | Specialized Elective |
| 1 | Motor Vehicles, etc.. | none | Specialized Elective |
| 1 | Risk Assessment and Accident Investigation | 40-Hour Site Safety Manager 8-Hour Site Safety Manager Refresher | Specialized Elective |
| 1 | Scaffolds-Suspended | 16-Hour Suspended Scaffold User* 8-Hour Suspended Scaffold User Refresher* 32-Hour Suspended Scaffold Supervisor* 8-Hour Suspended Scaffold Supervisor Refresher* | Specialized Elective |
| 1 | Steel Erection | none | Specialized Elective |
| 1 | Welding and Cutting | none | Specialized Elective |

* Any one of the Equivalent Worker and/or Licensee Courses on the right can give credit for all of the applicable General and Specialized Elective courses in the left column for a total of hours not to exceed the number of hours of the Equivalent Worker and/or Licensee course. Only licensed professionals can claim credit for the 8-Hour Site Safety Manager Refresher.